



THE MOST HOLY BODY AND BLOOD OF CHRIST

“Whoever eats my flesh and drinks my blood
remains in me and I in him.” - Jn 6:56

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**The Most Holy Body and Blood of Christ
June 11, 2023**

Eucharistic Liturgy Schedule (Mass)

Saturdays: 4:00 p.m.
Sundays: 7:30, 10:00 a.m.,
12:00p.m. (Spanish)

Weekdays:
Monday – Friday: 8:00 a.m.
Thursday- 7:00 pm (Spanish)

Sacrament of Reconciliation (Confessions)

Thursdays: 5:30-6:30 p.m.
Other times: By appointment only

Marriages:
Arrangements must be made six months in advance.

Baptisms:
Required pre-baptismal classes for parents and godparents. Please call the office two months prior to anticipated baptism date.
Sponsors (Godparents) must be practicing Catholics.

Matrimonios:
Los arreglos deben hacerse con seis meses de antelación.

Bautismos:
Se requiere clases pre-bautismales para padres y padrinos. Por favor llame a la oficina dos meses antes de la fecha prevista para el bautismo.
Los padrinos (padrinos) deben ser católicos practicantes.

Holy Cross Catholic Church

Pastor ❖ Msgr. Joseph Hernandez

Deacon ❖ Trino Andrade
Deacon ❖ Kevin Mauch
Deacon ❖ Eduardo Castillo
Deacon ❖ Pat Coulter

13955 Peach Hill Rd.
Moorpark CA 93021
Tel. (805) 529-1397
Fax (805)529-3939

E-mail:
church@holycross-moorpark.org
Website:
www.holycross-moorpark.org

Religious Education Commission:

Sue Jones.....529-0283
E-mail address:sjones@holycross-moorpark.org
Elementary/Jr High Ministry:.....529-0283
Erika Jones.....ejones@holycross-moorpark.org
Confirmation:.....529-0283
Julie Cleary..... jcleary@holycross-moorpark.org
Youth Ministry :.....
Danny Cleary:.....dcleary@holycross-moorpark.org
Cub Scouts/Boy Scouts:
Chris Dellacqua:.....553-9852
Family Life Commission:
George Colon.....876-4702
Catholic Charities Office:
Patricia Calderon...612 Spring Road..529-0720
Pastoral Care of the Sick:
George and Cheryl Colon.....(805)746-9814
Parish Administration Office:
Jenny Stevens.....529-1397
Alison Hemmens.....529-1397
Knights of Columbus Council #9969
GK Stephen McQuinn.....(805)905-0363
Email address.....Stephen.k.mcquinn+GK@gmail.com
Website.....kofcmoorparkcouncil9969.org
RCIA:
MikeLynch.....RCIA@holycross-moorpark.org
DuaneMorningred.....RCIA@holycross-moorpark.org

SUNDAY'S READINGS -

First Reading:

"He therefore let you be afflicted with hunger,
and then fed you with manna,
a food unknown to you and your fathers." (Dt 8:3)

Psalm:

Praise the Lord, Jerusalem. (Ps 147)

Or Alleluia.

Second Reading:

Because the loaf of bread is one,
we, though many, are one body,
for we all partake of the one loaf. (1 Cor 10:17)

Gospel:

"For my flesh is true food,
and my blood is true drink.
Whoever eats my flesh and drinks my blood
remains in me and I in him." (Jn 6:55-56)

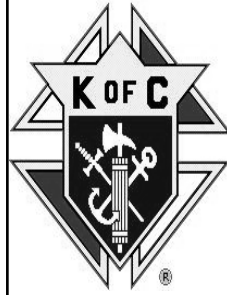
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Readings for the week of June 11, 2023

Sunday: Dt 8:2-3, 14b-16a/Ps 147:12-13, 14-15, 19-20 (12)/1 Cor 10:16-17/Jn 6:51-58
Monday: 2 Cor 1:1-7/Ps 34:2-3, 4-5, 6-7, 8-9/Mt 5:1-12
Tuesday: 2 Cor 1:18-22/Ps 119:129, 130, 131, 132, 133, 135/Mt 5:13-16
Wednesday: 2 Cor 3:4-11/Ps 99:5, 6, 7, 8, 9/Mt 5:17-19
Thursday: 2 Cor 3:15—4:1, 3-6/Ps 85:9ab and 10, 11-12, 13-14/Mt 5:20-26
Friday: Dt 7:6-11/Ps 103:1-2, 3-4, 6-7, 8, 10 (see 17)/1 Jn 4:7-16/Mt 11:25-30
Saturday: 2 Cor 5:14-21/Ps 103:1-2, 3-4, 9-10, 11-12//Lk 2:41-51
Next Sunday: Ex 19:2-6a/Ps 100:1-2, 3, 5 (3c)/Rom 5:6-11/Mt 9:36—10:8

**Knights of Columbus Council 9969 for the weekend of 6/10-6/11**

The Annual 9969 Foundation Golf Tournament and Wine Social – scheduled for Sunday, August 13th at beautiful Moorpark CC – will be here before you know it. Our next planning meeting is Thursday, June 15th at 7PM at the Chapel. We

need your help with donations for auction items and raffle prizes, and don't forget to sell your Super Drawing tickets as this year's prize is \$5,000 in cash! Help us make this year's event the best ever! Information and signup brochures are available in the vestibule.

Be sure to add the Knights of Columbus Council 9969 Family Picnic to your calendars – Sunday, June 25th at Poindexter Park. Come celebrate the end of the Columbian year with your brother Knights. Additional information to follow as we get closer to the event!

All are invited to join Holy Cross Knights of Columbus Council 9969 as we recite our Scriptural Rosary on Wednesday, June 28th at 7:30PM at the Chapel. If you wish to attend the Scriptural Rosary via Zoom, please contact Leonard Cruz at (805) 889-1620 or E-mail leonardcruz386@yahoo.com

Why not join your Brother Knights for the July General Business Meeting on Thursday, July 13th at 730PM at the Chapel? Why not make a New Columbian Year's Resolution to get involved with the many charitable efforts your council supports? We could use your help!

CATHOLIC TRIVIA – JUST FOR FUN

Question: To ordain a new bishop, how many bishops are typically required to be present?

Answer: Three

Pregunta: Para ordenar a un nuevo obispo, ¿típicamente cuántos obispos se requieren estar presentes?

Respuesta: Tres

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Pray for ...

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Jamie Belch	Ramon Godinez	Judy Buckley
Ed Brown	David Bowden	Vanda Glaspey
Mela Cano	Maria Hinojosa	Shannon
Yves Fournier	Shannon Ferraez	Noel Lisenbery
Juan Gonzalez	Patrick Withers	Crystal Gomez
Kathy Lane	Michael Cosenza	Silvia Coccozza
Eliana Rose Lara	Jerry Vaughan	Joni Vasquez
Heather Ledesma	Juan Luna	Nina Betancourt
Christina Morelli	Orlando Delnero	
Armando Perez	Perez Family	
Breanna Pflaumer	Boxley Family	
Mark Scharler	Steve Schuesler	
Minnie Stuehrmann	Mike Mostowa	
Ata Bohaei	Richard Abbott	
Karen Withers	Erika Miller	
Pilar Ramirez	Peggy Eastham	



Moorpark Pantry Plus Priority Items

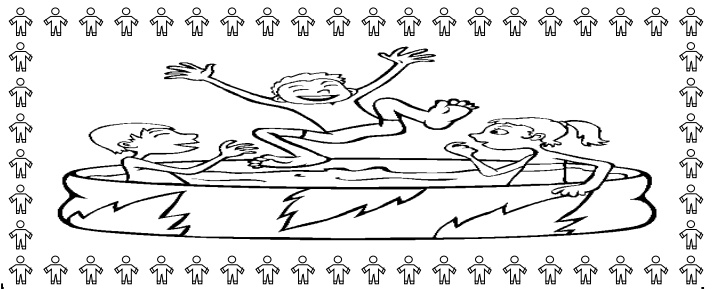
We will accept and appreciate all food donations
 Bagged Beans 16 oz Sugar Jelly
 Bagged Rice 16 oz Flour
 Oil Peanut butter

Observances for the week of June 11, 2023

Sunday: The Most Holy Body and Blood of Christ
 Tuesday: St. Anthony of Padua, Priest and Doctor of the Church
 Wednesday: Flag Day
 Friday: The Most Sacred Heart of Jesus
 Saturday: The Immaculate Heart of the Blessed Virgin Mary
 Next Sunday: 11th Sunday in Ordinary Time; Father's Day

Las conmemoraciones de la semana del 11 de junio de 2023

Domingo: El Cuerpo y la Sangre de Cristo
 Martes: San Antonio de Padua, presbítero y doctor de la Iglesia
 Miércoles: Día de la Bandera
 Viernes: El Sagrado Corazón de Jesús
 Sábado: Corazón Inmaculado de la Bienaventurada Virgen María
 Domingo siguiente: 11º Domingo del Tiempo Ordinario; Día del Padre (EEUU)



**Did you know?
 June 10-11**

Tips to guarantee children's safety around swimming pools

Drowning is the leading cause of injury-related death among children ages 1-4, and it is the third leading cause of unintentional injury-related death among children 19 and under. To avoid a tragedy, following are a few tips when watching children in or around the water: keep young children and weak swimmers within arm's reach of an adult; make sure more experienced swimmers are with a partner every time; choose an adult to be in or near the water carefully watching children; teach children how to swim. For more information, visit <https://www.safekids.org/poolsafety>.

Consejos para garantizar la seguridad de los niños en las piscinas

El ahogamiento es la principal causa de muerte relacionada con lesiones entre los niños de 1 a 4 años de edad, y es la tercera causa principal de muerte no intencional relacionada con lesiones entre los niños de 19 años y menores. Para evitar una tragedia, los siguientes son algunos consejos cuando observe a los niños en el agua o cerca de ella: mantenga a los niños pequeños y a los nadadores débiles al alcance de la mano de un adulto; asegúrese de que los nadadores más experimentados estén siempre con un compañero; elija a un adulto para que esté en el agua o cerca de ella vigilando atentamente a los niños; enseñe a los niños a nadar. Para obtener más información, visite <https://www.safekids.org/poolsafety>.

**If anyone is interested in advertising in our bulletin please call Jaime Arvizu at LPI.
 602-642-4136 or jarvizu@4lpi.com**

GOSPEL MEDITATION -

June 11, 2023

The Most Holy Body and Blood of Christ

Years ago, a woman at daily Mass approached me in the communion procession. She had her arms crossed, indicating she wanted a blessing instead of the Sacred Host. She had tears in her eyes. I gave her a little blessing. She returned the next day. And the next. The same thing repeated. After a few weeks, I asked her why she didn't receive Holy Communion. She said she wasn't Catholic yet and was preparing to become so. I asked her why she wanted to be Catholic. She said, "Because I long to be in a real communion with Christ and with everyone I love." That, I submit, is a darn good reason. A few months later, she became Catholic and received the Body and Blood of Christ with unspeakably great joy and still does to this day.

Saint Paul says of the Eucharistic bread, "Is it not a participation in the body of Christ?" For Paul, the answer is obvious. Yes, it is exactly that. Which is why he can say, "we, though many, are one body." Jesus is truly, really, and substantially present in the Holy Eucharist. This is no magic trick, but a mystery of our salvation. He feeds us with the Sacrament of his body so that our communion with him — and with the other members of his body — is built up and becomes mature. That's why the Eucharist quenches our deep thirst for love and communion. The Body and Blood of Christ is the best reason to be Catholic. It's our participation of love in the one we love.

— Father John Muir

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QUESTIONS OF THE WEEK -

First Reading:

At the end of their forty-year journey in the desert, Moses instructs the Israelites not to forget how God taught them to depend on Him alone. How might you remind yourself of this important lesson in life?

Second Reading:

Paul teaches the Corinthians that through the body and blood of Christ, the community of believers are "one body." Who in your life needs to hear this unifying message?

Gospel:

Jesus teaches the crowds that through his body and blood believers will obtain eternal life and be raised on the last day. This is the core of our Catholic belief about Jesus. How do you think we can best celebrate this gift of eternal life?

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PREGUNTAS DE LA SEMANA -

Primera Lectura:

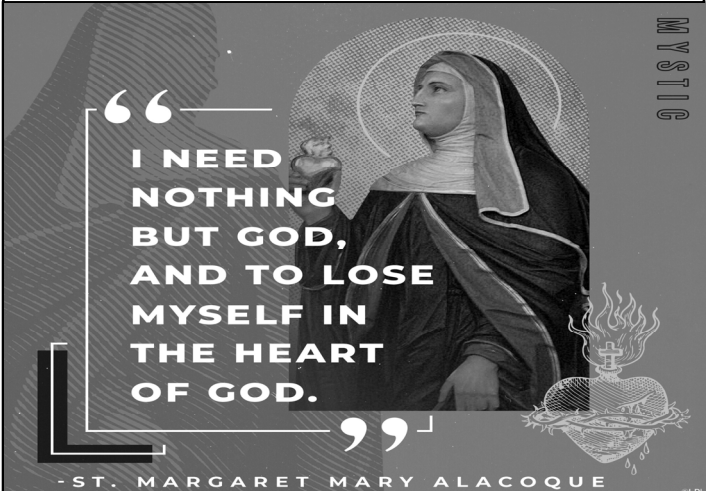
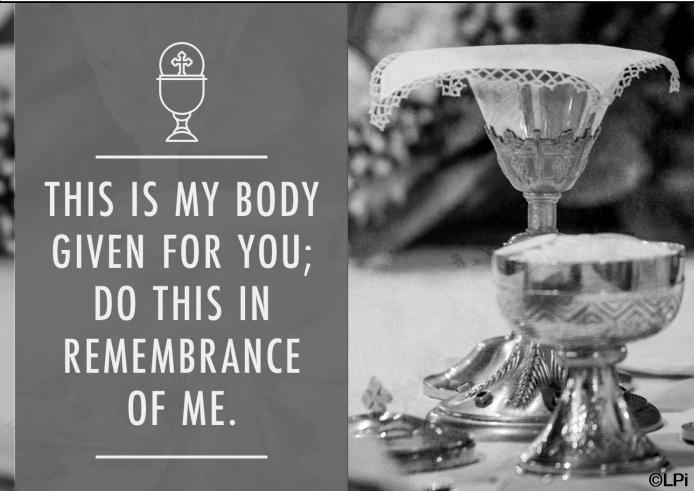
Al final de su trayecto de cuarenta años por el desierto, Moisés instruye a los israelitas a no olvidar cómo Dios les enseñó a depender solo de Él. ¿Cómo podrías recordarte a ti mismo esta importante lección de vida?

Segunda Lectura:

Pablo enseña a los corintios que, a través del cuerpo y la sangre de Cristo, la comunidad de creyentes es "un solo cuerpo." ¿Quién en tu vida necesita escuchar este mensaje unificador?

Evangelio:

Jesús enseña a las multitudes que a través de su cuerpo y sangre los creyentes obtendrán la vida eterna y resucitarán en el último día. Este es el núcleo de nuestra creencia católica acerca de Jesús. ¿Cómo crees que podemos celebrar mejor este don de la vida eterna?



MEDITACIÓN EVANGÉLICO -**11 de junio de 2023****El Cuerpo y la Sangre de Cristo**

Celebramos hoy la fiesta del Cuerpo y Sangre de Cristo, que viene a ser como una versión del Jueves Santo. Jesús se sienta a la mesa en la Última Cena y da de comer y beber a sus discípulos: “Yo soy el pan vivo que ha bajado del cielo. El que come de este pan vivirá para siempre. El pan que daré es mi carne, y lo daré para la vida del mundo (Juan 6,51). Ahora, nosotros se lo agradecemos, adorándolo en la custodia durante la hora santa y visitándolo en el sagrario. Le pedimos que acompañe y bendiga nuestro caminar en familia, escuela, trabajo y en la sociedad. La Eucaristía es fuente de vida, porque el Señor se hace presente en el pan y el vino, para darnos la fuerza necesaria y poder enfrentar las dificultades que tenemos en el camino.

¿Para qué nos sirve este Sacramento de la Eucaristía? La respuesta es sencilla, para alimentarnos con Cristo, para acrecentar la vida de Dios en nosotros, recibida desde el bautismo, para fortalecernos en las dificultades y para tener unidad en la Trinidad. Al comulgar, se supone que somos renovados e impulsados a hacer el bien. Jesús vive en la Eucaristía: “Mi carne es verdadera comida y mi sangre es verdadera bebida. El que come mi carne y bebe mi sangre permanece en mí y yo en él” (Juan 6,55-56). Qué misterio tan grande y hermoso permanecer en Jesús, convertirnos, transformarnos en él, para beneficio de muchos en la sociedad, tan falta de amor y de paz. Lo cierto es que si no comemos de ese pan y no bebemos de esa sangre no tendremos vida. Así de simple.

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LECTURAS DEL DOMINGO -**Primera lectura:**

“Él, pues, os dejó afligidos de hambre, y luego te alimenté con maná, alimento desconocido para ti y para tus padres.

(Dt 8:3)

Salmo:

Alabado sea el Señor, Jerusalén. (Sal 147)

O Aleluya.

Segunda lectura:

Porque la hogaza de pan es una, nosotros, siendo muchos, somos un solo cuerpo, porque todos participamos de un solo pan. (1

Corintios 10:17)

Evangelio:

“Porque mi carne es verdadero alimento, y mi sangre es verdadera bebida.

El que come mi carne y bebe mi sangre permanece en mí y yo en él”. (Juan 6:55-56)

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ESTO ES MI
CUERPO, QUE
SE ENTREGA
POR USTEDES.
HAGAN ESTO EN
MEMORIA MÍA.



**Mary & Joseph Retreat Center
The Gift of Spiritual Hydration with Rev. Terry Hershey**

6:00pm Friday, July 21 to 1:30pm Sunday, July 23, 2023

Join Terry Hershey as you explore ways to rehydrate when you are worn thin, tired or sad. Learn to celebrate the sacrament of the present moment and rehydrate when you are dispirited by the business or messiness of everyday life. Find a place for a sanctuary in your life, making room for passion, grace, play, laughter and wholeheartedness that positively can spill into our relationships and work or ministry. Practice self-care with attention and mindfulness. Terry shows us how to refuel the heart and spirit and stay hydrated emotionally and spiritually. Terry is a renowned author, humorist, inspirational speaker, dad, ordained Episcopal minister, golf addict, and smitten by French wine. He divides his time between designing sanctuary gardens & sharing his practice of pausing and sanctuary, to help others rest, renew, and live wholehearted. He returns here for what has become a

welcome and well-attended annual visit. Terry’s book, *This is the Life*, offers the invitation and permission to savor this life, to taste the present moment. The title of his latest book, *Stand Still – Finding Balance When the World Turns Upside Down*, is self-explanatory. *Limited space available*

Cost: per person/shared \$250; single \$350; commuter \$160

Event page on website: maryjoseph.org

WHY DO WE DO THAT? - CATHOLIC LIFE EXPLAINED

Real Presence

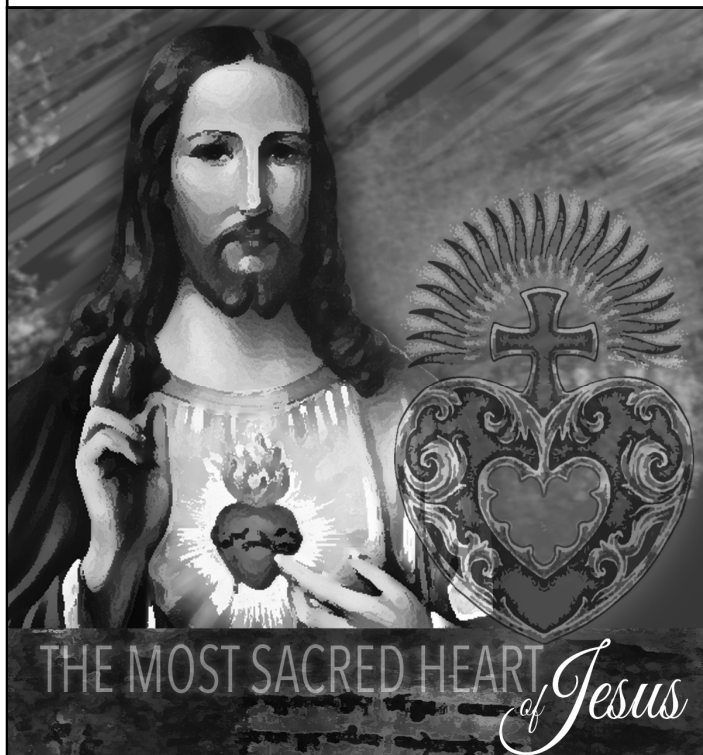
Question:

How do you explain “Real Presence” to children?

Answer:

The first Communion class is filled with excitement to the point of bursting! They are just awestruck by every new thing they learn about Jesus. Their enthusiasm is contagious as they rattle off the names of the things in church, the vessels and vestments used at Mass, and the names of their pastors and priests. Of course, they know Christ can do anything because he’s God. He comes to us in holy Communion because he loves us so much that he wants to be with us. And he comes to us in the form of bread and wine. We really receive him in the Eucharist. Sometimes it is easier to explain this to children than to adults. Their faith and trust in Jesus is not limited by the questions and doubts that often come with the question of how he does it. Rather, they focus on the question “why,” and the answer is something they can easily grasp: love. Christ wants to be with us because he loves us. Nothing is purer in truth or in faith. Not even the theological explanation of transubstantiation, or philosophical reasoning or symbolic references, come close. Christ takes on the form of bread and wine to be simple and approachable, so that no one is afraid or turned away. His love for us is complete and total. We try to love him the same way in return. For a child, it is simple. For us adults, we keep trying. “Unless you turn and become like children, you will not enter the kingdom of heaven” (Mt 18:3).

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We always welcome new members to our Ministries

Points of Contact for our Holy Cross Ministries

Eucharistic Ministers

Deacon Kevin Mauch
dk@holycross-moorpark.org

Lectors

Deacon Pat Coulter
dnpatcoulter@holycross-moorpark.org

Ushers

Marsha Stayer
mstayer.me.com

Altar Server's

Duane & Kathy Morningred
Altarserver@holycross-moorpark.org

Bereavement Ministry

Please call the administration office 805-529-1397

Spanish Ministry

Deacon Eduardo Castillo 805-501-1416

Music Ministry

musicministry@holycross-moorpark.org

Liturgy Design Team

Kathy Farber
kpfar235@aol.com

Prayer Shawl Ministry

Marie Pierce
marie.pierce@pacbell.net

Prayer Ministry

Kathy Johnston 808-402-7856

Pastoral Care of the Sick

George Colon
geomike29@gmail.com

Hospitality Committee for New Members

Anita Mauch
ammauch@sbcglobal.net

Prolife ministry

Susan Jones
smask63@gmail.com

Daily Bread Ministry

(Providing Meals to the ill and recovering from surgery)
Terry Goodrich
rgoodrich8@gmail.com
805-217-2386

Points of Contact for our Holy Cross Ministries (Cont'd)

Altar Society-Altar Linen Care Ministry

Diane Leritz 805-657-2279
Filomena Shaw 805-368-6813

Holiday Boutique

Marie Weslford
msullenbarger@roadrunner.com

Sound Technician

Mark Fisher
techDirector@HolyCross-Moorpark.org



Mass Intentions for the week 6/11

Sunday 7:30 am Michael Parks (RIP)
10:00 am Parishioners
12:00 pm

Monday 8:00 am Michael Williams (RIP)

Tuesday 8:00 am Ryan Morris (RIP)

Wednesday 8:00 am Phyllis Ryan (RIP)

Thursday 8:00 am Souls
7:00 pm

Friday 8:00 am William Ryan (RIP)

Saturday 4:00 pm Vincent Tao Van (RIP)

Prayer Request